



Nature's
EMPORIUM | Your Neighbourhood
Health Food Market

Always made in-house · Always natural & organic

Holiday Menu

Made with love by our team!

FOR ORDERS & INQUIRIES CONTACT



Newmarket 905.898.1844 | Maple 905.553.5527
Burlington 289.427.5075 | Woodbridge 365.527.2466
Toronto 647.872.1157 | Oakville 289.856.8512



Catering@NaturesEmporium.com *Subject to seasonal availability

FESTIVE ENTRÉES

Holiday Meal Deals

COOK YOURS THE WAY YOU LIKE IT!

ORGANIC TURKEY MEAL

Our Organic Turkey Meal includes an Organic Cooked, Turkey Breast and Leg. Then simply select your sides and stuffing!

All Turkey Meals include our specially crafted Organic Cranberry Sauce, Gravy (made without gluten), 2 sides plus 1 dessert of your choice!

Serves up to 6 people \$199.99

ORGANIC TURKEY MEAL

Our Organic Turkey Meal includes a large, Organic Turkey (Bone-In, Uncooked, one size available – each serves up to 16 people). Then simply select your sides!

All Turkey Meals include our specially crafted Organic Cranberry Sauce, Gravy (made without gluten), 2 sides plus 1 dessert of your choice!

Serves up to 16 people \$399.99

ORGANIC GRASS FED BRAISED BEEF MEAL

Our Organic Brisket Meal includes an Organic Cooked Grass Fed Beef Brisket. Then simply select your sides and dessert!

The Brisket Meal Deals include our specially crafted Red Wine Jus, 2 sides plus 1 dessert of your choice!

Serves up to 10 people \$199.99

ORGANIC SALMON MEAL

Our Organic Salmon Meal includes an Organic Cooked side of salmon – (serves up to 6 people). Then simply select your sides and dessert!

The salmon Meal Deals include our specially crafted Lemon Herb Gremolata Sauce, 2 sides plus 1 dessert of your choice!

Serves up to 6 people \$149.99

*All meals include your choice of... traditional gravy or gravy made without gluten, cranberry sauce, 2 signature sides (see page 3) & your choice of dessert.



A La Carte Entree Options

ORGANIC HAM WITH MAPLE MUSTARD GLAZE

Bone-In, Serves up to 12 people \$119.99

ORGANIC SIDE OF SALMON WITH LEMON GREMOLATA

Bone-In, Serves up to 6 people \$99.99

VEGAN LENTIL LOAF

Bone-In, Serves up to 10 people \$79.99

GRASS FED BEEF BRISKET WITH RED WINE CIDER JUS

Half - Serves up to 10 people \$99.99

Full - Serves up to 20 people \$199.99

ORGANIC TURKEY BREAST AND LEG

Serves up to 6 people \$99.99



We can accommodate requests for Vegan options, Gluten-Free, Dairy-Free and/or allergy concerns (additional charges may apply). Subject to Seasonal Availability. While items are listed as vegan, vegetarian, nut or gluten-free, please note that our facilities are not free from all allergens.

SIGNATURE SIDES



*Don't Forget to Visit us
In Store For.*

VEGAN GRAVY

Gluten-free, made with organic vegetable stock and organic tapioca

TURKEY GRAVY

Made Without Gluten

Gravy made with Organic Turkey Stock, tapioca, Starch.

CRANBERRY SAUCE

Made in-store with Organic Cranberries, Coconut Sap Sweetener, Organic Apple Cider and Spices.

ARTISAN STUFFING

Stuffing made with Artisan Bread, Organic Cranberries, Organic Vegetables & Fresh Herbs.

GLUTEN FREE BREAD STUFFING

Stuffing made with Gluten-Free Bread, Organic Cranberries, Organic Vegetables and Fresh Herbs.

ORGANIC BONE BROTHS & SOUPS

Assorted Organic broths & soups with fresh Organic Ingredients.



ORGANIC SIGNATURE SIDES PRICING

Small - Serves up to 6 people	\$19.99
Medium - Serves up to 10 people	\$39.99
Large - Serves up to 16 people	\$79.99

ROASTED GARLIC MASHED POTATOES

MAPLE BUTTER SWEET POTATO MASH

PARMESAN ROASTED BROCCOLI AND CAULIFLOWER

GARLIC BACON FRENCH BEANS

ROASTED BUTTERNUT SQUASH

ROASTED BEET, ARUGULA & GOAT CHEESE SALAD

We can accommodate requests for Vegan options, Gluten-Free, Dairy-Free and/or allergy concerns (additional charges may apply). Subject to Seasonal Availability. While items are listed as vegan, vegetarian, nut or gluten-free, please note that our facilities are not free from all allergens.

SALADS

HOUSE SALAD

Organic Romaine Lettuce, Organic Tomatoes, Organic Cucumbers, Organic Carrots, Organic Onions, Nature's Exclusive Apple Cider Dressing

Family size salad	Medium	\$39.99
	Large	\$79.99

GREEK SALAD

Romaine Lettuce, Kalamata Olives, Feta Cheese, Bell Pepper, Cucumber, Grape Tomatoes, Red Onion.

	Medium	\$39.99
	Large	\$79.99

CAESAR SALAD

Organic Romaine Lettuce, Organic Lemon, Parmigiano Reggiano Cheese, Herb Croutons, Nature's Exclusive Vegan Caesar Dressing

Family size salad	Medium	\$39.99
	Large	\$79.99

CRANBERRY AND WALNUT SALAD

Spring Mix, Dried Cranberries, Walnuts, Goat Cheese.

	Medium	\$39.99
	Large	\$79.99

Always Organic Ingredients



We can accommodate requests for Vegan options, Gluten-Free, Dairy-Free and/or allergy concerns (additional charges may apply). Subject to Seasonal Availability. While items are listed as vegan, vegetarian, nut or gluten-free, please note that our facilities are not free from all allergens.

ENTERTAIN IN GOOD HEALTH

CHARCUTERIE BOXES

Our Charcuterie Box is the perfect "party in a box" for your home or office get-togethers.

The charcuterie boxes includes; all natural ham, Italian prosciutto & Calabrese salami, Nature's Emporium Reserve Gouda, Nature's Emporium Goat Cheddar, Nature's Emporium Organic Grass Fed Cheddar, fig jam, honey & more!

Each box comes with our in-house made crostinis or crackers.

Small - Serves 2 people	\$39.99
Medium - Serves 6 people	\$79.99
Large - Serves 12 people	\$129.99



ARTISAN CHEESE PLATTER

Special Reserve Gouda Aged 3 years, Kaltbach Cave-Aged Gruyere, Smoked Applewood Cheddar, Manchego Aged 12 Months, Double Cream Brie, Signature Goat Cheese Ball, Organic Apple Chips, Dried Figs, Candied Pecans, Sourdough Crostini.

Small - Serves 12 people	\$79.99
Large - Serves 18 people	\$119.99



Made with Love by our Team

ORGANIC ANTIPASTO & BURRATA PLATTER

Stemmed Artichoke Hearts, Olives, Sundried tomatoes, Roasted Red Pepper, Cured Sausage, Fresh, Burrata, Grape Tomatoes, Italian Prosciutto, Candied Pecans, Focaccia Bread, Sourdough Crostini, Aged Balsamic.

Serves 12 - 15 people	\$99.99
-----------------------	---------

NATURE'S ARTISAN COLD CUT SANDWICH PLATTER

Enjoy our signature sandwiches and wraps, made with love by our team using a selection of fine natural & organic ingredients.

Serves 12 - 15 people	\$149.99
-----------------------	----------

ORGANIC VEGETABLE CRUDITE PLATTER

Enjoy the vibrant taste of health with a selection of fresh cut organic vegetables, available in an assortment of sizes. Perfect for your next gathering!

Small	\$69.99
Large	\$99.99

We can accommodate requests for Vegan options, Gluten-Free, Dairy-Free and/or allergy concerns (additional charges may apply). Subject to Seasonal Availability. While items are listed as vegan, vegetarian, nut or gluten-free, please note that our facilities are not free from all allergens.

HEALTH FRIENDLY DESSERTS

FLOURLESS CHOCOLATE CAKE

Our rich, decadent chocolate cake made with Organic Dark Chocolate and Hazelnuts. You won't believe it's flour-free! Made without Gluten.

* Please call or visit in-store for current pricing.

QUINOA CAKE

Rich & decadent chocolate cake made in-store, using organic ingredients.

* Please call or visit in-store for current pricing.

PIES

Made with quality ingredients. Choose from an assortment of gluten-free or organic spelt crust pies.

* Please call or visit in-store for current pricing.

Nature's Organic Bits & Bites Platter

Almond Crispy Squares | Chocolate Power Smash | Keto Cookie Dough Swirl Bites | Almond Coconut Protein Bar

Small (6-8) \$99.99

Favourites Dessert Platter

Lemon Squares | Pecan Pie Bites | Pistachio Pie Bites | Cashew Bar | Nutella Bar | Vanilla Nanaimo Bar | Peanut Butter Nanaimo Bar | Brownie Ganache

Large (12-15) \$99.99

Cookie Fix Dessert Platter

Multigrain Cookie | Maple Oat Cookie | Oatmeal Vanilla Protein Cookie

Large (12-15) \$99.99

ORGANIC SEASONAL FRESH FRUIT PLATTER

Made fresh with 100% certified organic fruits. Subject to seasonal availability.

Small (6-8) \$69.99
Large (12-15) \$99.99



Please Note:

*All Catering Orders Require A Minimum of 48 Hours Advance.

*Deposit May Be Required.

*Cancellations Require a Minimum of 24-Hours Notice.

*Prices do not include tax, and may be subject to change.

Contact Our Catering Team Today!

✉ catering@naturesemporium.com

📞 Newmarket: 905.898.1844
Maple 905.553.5527
Burlington: 289.427.5075
Woodbridge 365.527.2466
Toronto 657.872.1157
Oakville 289.856.8512

We can accommodate requests for Vegan options, Gluten-Free, Dairy-Free and/or allergy concerns (additional charges may apply). Subject to Seasonal Availability. While items are listed as vegan, vegetarian, nut or gluten-free, please note that our facilities are not free from all allergens.