

We only use 100% Organic Fair Trade Coffee.

#### Coffee

Blonde or Dark Roast, Decaf. or Dandelion Substitute

#### **Iced Coffee**

**Espresso** Single / Double

Cappuccino

#### Latte

Your Choice of Espresso or Tea

#### **Iced Latte**

Americano

Tea

**Assorted Herbal Teas** 

#### Sickie Tea

Manuka Honey, Fresh Lemon, Fresh Ginger, Cayenne Pepper

#### **Hot Chocolate**

Milk or Milk Alternative Steamed with Cacao

S (12oz)

M (16oz)

## **High Octane**

Coffee with MCT Oil & Grass Fed Butter

# Gojiccino

## Macaccino

Hot Chocolate & Maca

### **Specialty Latte**

Your Choice of Maple Mocha, Vanilla, Cinnamon or Caramel

#### **Mushroom Latte**

Your Choice of Cordyceps & Chaga or Lion's Mane & Chaga

#### **Matcha Latte**

#### **Mushroom Steamer**

Your choice of Mushroom (Lions Mane, Chaga, Reishi, Cordyceps) with Milk or Dairy Alternative

## **Mushroom Hot Chocolate**

S (12oz) M (16oz)

Your Choice of Chocolate Shot with Cordyceps or Chocolate Shot with Reishi

## Milk & Milk Alternative

2% Dairy, Soy, Oat, Almond, Coconut (Sweetened or Unsweetened)

\* Mushroom Boosters

Your choice of Chaga, Cordyceps, Lion's Mane, Reishi





We only use 100% organic produce!

## **Blazing Beet Juice**

Apples, Beets, Celery, Ginger, Cayenne, Garlic

#### **Immunanator Juice**

Apple, Beets, Cucumber, Lemon, Pink Grapefruit, Vitamin D

## **Immunity Juice**

Apple, Cucumber, Ginger, Pineapple, Kale, Mint

#### **Immunecicle Smoothie**

Apple, Carrot, Camu Camu, Ginger, Orange Juice, Mango

S (80z) M (16oz) L (24oz)

# **Meal Replacement Smoothie**

Strawberry, Banana, Spirulina, Protein Option, Flax Oil, Milk or Milk Alternative

#### **Post-Workout Smoothie**

Banana, Cinnamon, Maca, Almond Butter, Protein Option, Milk or Milk Alternative

## **Mighty Maca Blueberry Smoothie**

Banana, Blueberries, Maca Power, Almond Butter, Protein Option, Milk or Milk Alternative

## **Mighty Maca Cacao Smoothie**

Banana, Coconut, Maca Powder, Cacao, Almond Butter, Protein Option, Milk or Milk Alternative

#### **Function Fuel Smoothie**

Banana, Dates, Vanilla Protein, Maca, Collagen, Cacao Nib, Almond Butter, Oat Milk

S (8oz) M (16oz)

L (24oz)





We only use 100% organic produce! Our juices are cold-pressed fresh!

#### **All-Greens Juice**

Celery, Cucumber, Kale, Dandelion, Parsley, Spinach, Lemon, Ginger

## **Green Ginger Lemonade Juice**

Apple, Cucumber, Dandelion, Kale, Ginger, Lemon

## **Acai Berry Smoothie**

Acai, Blueberries, Chia Seeds, Sweetened coconut Milk, Banana, Pineapple

#### **Choco-Avocado Smoothie**

Avocado, Banana, Chia Seeds, Powder Cacao, Coconut Milk, Bee Pollen, Organic Maple Syrup (optional)

# Popeve's Punch Juice

Carrot, Dandelion, Kale, Spinach, Parsley

S (80z)

M (16oz)

L (24oz)

# Go Green Energizer Smoothie

Banana, Matcha, Milk or Milk Alternative, Cinnamon

# **Blue Majik Smoothie**

Pineapple, Banana, Coconut Oil, Blue Majik Powder, Orange Juice

## **Rustproof Juice**

Carrot, Apple, Green Cabbage, Kale, Beet

#### **Detoxifier Juice**

Dandelion, Parsley, Pink Grapefruit, Granny Smith Apple, Cayenne

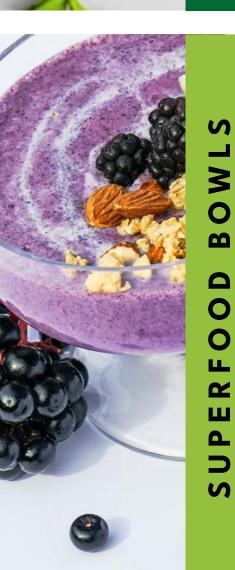
S (80z)

M (16oz)

L (24oz)







\*For current pricing, pleas contact your preferred Nature's Emporium location.

# **Hey Frankie Smoothie**

Banana, Strawberry, Kale, Spinach, Coconut Water

## **Tropical Smoothie**

Mango, Pineapple, Spinach, Coconut Oil, Hemp Hearts, Orange Juice, Coconut Milk

#### **Greeña Colada Smoothie**

Pineapple, Kale, Chia Seeds, Flax oil, Coconut Milk

#### **Hercules Smoothie**

Banana, Kale, Spinach, Flax Oil, Almond Butter, Orange Juice

S (80z)

M (16oz)

L (24oz)

#### SMOOTHIE WITH GRANOLA, TOPPED WITH FRESH ORGANIC **FRUITS & COCONUT WHIP**

◆ ORIGINAL BOWLS

(14oz)

#### **Breakfast Acai Bowl**

Acai Smoothie (Acai, Banana, Strawberries, Coconut Milk, Orange Juice) with Granola, Topped with Fresh Fruit, Coconut Whip

#### **Green Acai Bowl**

Green Acai Smoothie (Acai, Banana, Pineapple, Kale, Spirulina, Almond, Vanilla Cream) with Fresh Fruit, Granola, Coconut Whip

## **Dragon Fruit Bowl**

Dragon Fruit, Banana, Pineapple, Sunflower Butter, Coconut Milk, Cinnamon

#### **Chocolate Avocado Bowl**

Chocolate Avocado Smoothie (Coconut Milk, Avocado, Cacao, Banana Maple Syrup) with Fresh Fruit, Granola, Coconut Whip

**◆ PROTEIN BOWLS** 

(14oz)

#### **Chocolate Avocado Protein Bowl**

Chocolate Avocado Smoothie (Avocado, Cacao, Maple Syrup, Banana Coconut Milk, Protein) with Fresh Fruit, Granola, Coconut Whip

#### **Acai Protein Bowl**

Acai, Banana, Protein, Granola, Almond Milk, Almond Butter, Chia Seeds, Cocoa Power, Coconut Whip

SHOTS Wheatgrass

(2oz) (1oz)

# **CREATE YOUR CUSTOM SMOOTHIE**

**Choose Your Size** 



8oz 1 Base, 1 Green, 1 Veggie / Fruit

16oz 1 Base, 2 Greens, 1 Veggie / Fruit

24oz 1 Base, 2 Greens, 2 Veggies / Fruits

**Choose Your Base** 

**JUICE** 



Apple, Celery, Cucumber, Orange Juice

**SMOOTHIE** 



Milk (2% Dairy), Soy, Oat, Almond, Coconut (Sweetened & Unsweetened)

**Choose Your Greens** 

















**VEGGIE** 

**FRUIT** 



















Blackberries







Add a Booster to Enhance **Your Juice / Smoothie** 

**Extra Base Extra Greens** Extra Veggie / Fruit Basic Booster Spirulina, Chlorophyll, Vitamin D, Chia Seeds, Nut Butter, Kefir

Extra - Steamed Milk **Premium Booster** 

Vegan Protein, Whey Protein, Matcha, Maca, Mega Foods Energy, Coconut Whip, Mega Food Turmeric, Flax Oil, Oregano Oil, Bee Pollen, Ginseng, Echinacea, MCT Oll, Camu Camu, Hemp Hearts, Grass Fed Butter

\* Extra - Coconut Whip